

ENERGY THERAPY

It is possible to treat ourselves or somebody with energy because:

- Energy exists and it is possible to transmit it,
- Humans have always used this phenomenon,
- our body is energy,
- our body receives energy all the time to be alive.

We receive different kinds of salaries to be in life : feeding by the mouth, oxygen by breathing and through the skin, light through the skin, and energy through the skin too and energetic organs,

- everything in our body is alive and lively, even bones.

All the structures receive energy to be alive, to react and to adapt to the outside life,

- every organ and part of the organism has a local representation on the skin, on the local place but not only.

There are many places where we can find representations and connections from a distance.

(in our hands, ears, arches of the foot, eyes (iris) and into the brain),

To treat people with Energy we have to :

- develop energy inside us,
- intensify the reception of this energy of life,
- maintain health inside us,
- have compassion about other people.

With energy we can :

- treat somebody without touching him or her because energy takes more place than the material body.

When we are around the patient with our hands we are inside the person's energy and when we are here, in this place we influence the organic system to relieve the patient,

- treat all people, from the youngest like babies to the oldest, this technique is very gentle and at the same time very intensive,
- test how their organic system works,
- influence and relieve the patient from topical, recent or very old emotional pains,
- help everybody understand life better and optimize their choices in life,
- develop intuition to understand things that reasoning can not understand,

To treat yourself you can easily use these exercises :

- putting yourself on your back, your hands on your navel, breathe comfortably and a little bit more intensively than normal for 5 minutes a day or every two days,
- making silence in your head and around yourself for 2 minutes a day,

TAKE CARE OF YOURSELF AND LIFE WILL DO THE SAME FOR YOU